


Morgon i Sibirien



A photograph of a large tree trunk in a forest. The tree has a thick, textured bark and a mossy base. A small, light-colored wooden arrow-shaped marker is attached to the trunk, pointing to the right. The background shows a dense forest of thin trees, some with bare branches and some with green foliage. The ground is covered with fallen leaves.

I dag valde jag Vita spåret.
9 km Goo löpning i skogen

A vertical wooden sculpture made of stacked logs, standing in a forest. The sculpture is composed of several sections of logs, some of which are cut into various shapes, including a central section that is cut into a rectangular frame. The logs are stacked on top of each other, and the sculpture is surrounded by fallen logs and a forest floor covered in leaves and twigs. The background shows a dense forest of birch trees.


Lite speciella
skapelser i
skogen.
Konstverk
eller bara
Konstigt?!

Å Plötsligt blev det
Ännu Konstigare...



Svettigt å Gott!
Nu vidare till jobbet på
Erikslund.





Patienter å
Träningskunder.
Å utanför fönstret i
Gymmet sträcker sig
Maskroserna efter Solen!

Träning med Kristina
1 minutare med 3,5%
motlut i 5 minuters fart.
Bra pass!!



Kvällen i Perstorp.
Forever / Aloe Vera
kväll. Både vanliga Aloe
Vera produkter och
Smink!



När jag kommer hem hade Ernst
laddat för Korvgrillning!!
Mysigt och Gott!!



Kvällens Fynd på Trendi Skor
i Perstorp! FÄRGEN!!!!

