

A photograph of a calm lake or pond on a foggy day. The water is still, reflecting the overcast sky. In the distance, a small boat is visible on the water. The shoreline is lined with reeds and some bare trees. The foreground is covered in fallen brown leaves and twigs.

Dan före Dopparedagen!  
Grå SkåneJul vid Sjön.



LilleJulsPyssel

Lite Paus i pysslet.  
Promenad vid sjön.



Min cykelkompis från  
Julspinningen—Carsten.  
Han är en Envis cyklist!



Styrka!



A close-up photograph of a man in a red t-shirt performing a lift with a barbell. The man is looking upwards with a focused expression. The barbell is loaded with several black Eleiko weight plates. The top plate is clearly visible, showing the 'ELEIKO 2.5 SWEDEN' branding and a central logo with the number '175'. The man's red t-shirt has the word 'CRAIT' printed in white, along with a logo of five white dots of varying sizes. The background is dark and out of focus.

Nu är vi Starka för  
att möta Julen!

**CRAIT**

Drottninggatan i Helsingborg.  
Första stoppet på vår Julturné.  
Gråväder mot Danmark.



Traditionsenligt Pysssel.





På Plats!

